

Special Olympics Maryland Area Memo

November 1, 2019

**Special
Olympics
Maryland**



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Welcome

Welcome to the November 1, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to jabel@somd.org to have them included in future distributions. While Danielle is on Maternity Leave, Jeff will be responsible for distributing the Area Memo, so please contact him directly if you have any questions.

(NEW) Healthy Communities Webinar

Thanks to Shelly Bogasky for joining me on the Healthy Communities Webinar! For those who were unable to join, a recording of the webinar can be found here:

<https://youtu.be/97EbKb8eG8Y>

(NEW) Area Leader Quick Resource Guide UPDATED

With our many new staff members joining the team, we have updated our Area Leader Quick Resource Guide, which is attached to this email. All updates have been highlighted in **yellow**. Please refer to this guide when needing assistance from a staff member.

Fall Area Directors Meeting, Register TODAY!

We are just over 1 month away from our last Area Directors Webinar (11/12) and Meeting (11/16) of 2019! Please use the links below to Register

Webinar: <https://attendee.gotowebinar.com/register/989062781020446211>

Meeting: <https://www.surveymonkey.com/r/2019FallADMeeting>

Athlete LeaderSHIP Carnival Cruise October 2020

ALL ABOARD!!

In partnership with Carnival Cruise Lines we have created an exciting opportunity for athlete leaders.

WHAT: Special Olympics Maryland Carnival Cruise and Athlete LeaderSHIP Training.

WHEN: Sunday October 25th-Sunday October 31st, 2020

WHERE: Leave from Baltimore Cruise Harbor
Ports of Call include Grand Turk, Princess Cays, and Freeport

HOW: Please check attached brochure for more information on how to sign up.
When you sign up please indicate "Athlete LeaderSHIP" on your form or email so you will be eligible for a discount on the cruise price listed on the brochure.

COST: All costs for the cruise and shore excursions are the responsibility of the athlete, family and chaperone.

All training costs and materials will be responsibility of SOMD.

CHAPERONES: Athletes must be accompanied by a chaperone. Additional family members may attend but are not eligible for the discount.

Tentative Schedule

October 25th, 2020	5pm	Leave Baltimore
October 26th, 2020	<i>9a-noon Class</i>	Fun Day at Sea
	<i>2pm-5pm Class</i>	
October 27th, 2020	<i>9a-noon Class</i>	Fun Day at Sea
	<i>2pm-5pm Class</i>	
October 28th, 2020	7am-2pm	Grand Turk
October 29th, 2020	9:30am-3pm	Princess Cays
October 30th, 2020	7am-1:30p	Freeport
October 31 st , 2020	8am	Arrive Baltimore

Courses offered: (Very Tentative and subject to change)

Photography-Conducted by Carnival Staff

Videography-Conducted by Carnival Staff

Leadership-Conducted by Carnival Staff

Social Media-Conducted by Carnival Staff

Media Training-Conducted by SOMD Staff

*Beginner Global Messenger only if athletes have not already taken this course.

We will also be offering an opportunity for 6 athletes to present TED style talks during the cruise. This event will be open to the public.

Other Events on the cruise:

Tour of boat by Captain or his/her designee.

Polar Bear Plunge during cruise.

Ice Cream Social.

All activities normally offered by cruise including entertainment shows, group activities, etc.

Other.

Special Olympics Howard County Good Sports Award Winners

Four SOHO individuals will be honored as Good Sports Award winners at the Howard County Recreation and Parks Celebration of Sports 17th Annual Banquet on October 29th at Turf Valley Country Resort: Franco Frande (SOHO Bowling Coordinator- Sports Administrator Good Sports Award); Christine Towne (multi-sport athlete, Adult Player Good Sports Award); Ryan Thibaudeau (multi-sport athlete, Youth Player Good Sports Award); and Russ Dickens (14 years Soccer Coach – Coach Good Sports Award)

(NEW) 2021 World Winter Games Selection Results

The selection process for athletes who were eligible for selection for the 2021 Special Olympics World Winter Games was conducted on Wednesday, October 23 at 1:30pm. It was broadcast live on Facebook Live. These World Games will be conducted in Sweden between the dates of February 6-12, 2021. There will be additional dates that will include travel dates and Host Town Programs, making the entire commitment approximately 21 days for the members of the Special Olympics USA delegation.

One athlete from each selection group will be nominated by Special Olympics Maryland to attend the Special Olympics USA Training Camp. This Training Camp is expected to be held at Copper Mountain Resort in Colorado February 19-24, 2020. After the conclusion of Training Camp, the SO USA management team and coaches will meet and notify Special Olympics Maryland if the athletes that were nominated by Special Olympics Maryland will make the final delegation roster of Special Olympics USA.

The listed below are the selection results and status of each athlete as of 10-31-19. Athletes who are listed first in each section with the result of “First Right of Refusal” will be the Nominee from Special Olympics Maryland, unless there is a decision that they cannot attend the event; in which case the first alternate will have the opportunity to claim that spot, and the process will continue with the remaining alternates.

Please join us in congratulating our nominees and alternates for Special Olympics USA! If you have any questions related to World Winter Games, please don't hesitate to contact Steve Bennett (sbennett@somd.org).

Alpine Skiing – Female – Intermediate Level

County Program	Athlete Name	Selection Results	Status
Carroll County	Virginia “Jenny” Herrmann	First Right of Refusal	Accepted
Harford County	Audrey Fung	1 st Alternate	Pending
Montgomery County	Milena Vanous	2 nd Alternate	Pending
Carroll County	Robin Pearl	3 rd Alternate	Pending

Alpine Skiing – Male – Advanced Level

County Program	Athlete Name	Selection Results	Status
St. Mary’s County	Larry Mills	First Right of Refusal	Accepted
Anne Arundel County	Brian Mann	1 st Alternate	Pending
Montgomery County	Terrell Limerick	2 nd Alternate	Pending
St. Mary’s County	Jimmy Hawkins, Jr.	3 rd Alternate	Pending
Howard County	Ben Stevick	4 th Alternate	Pending

Snowshoeing – Female – Category 2

County Program	Athlete Name	Selection Results	Status
Anne Arundel County	Elaina Camacho	First Right of Refusal	Pending
Anne Arundel County	Hannah Hart	1 st Alternate	Pending
Montgomery County	Toni Dawe	2 nd Alternate	Pending
Carroll County	Nicole Hurley	3 rd Alternate	Accepted
Carroll County	Riley Snyder	4 th Alternate	Pending

Note: We do not at this time have information on the coach application and nomination process for the World Winter Games (SOMD had two alpine coaches attend the 2017 World Winter Games). We do expect this information in the very near future and will share it with Area leaders and winter sports coaches when it is in hand.

Community Input Session-Athlete Leadership - December 07th, 2019

WHERE: Aerotek HQ, 7301 Parkway Dr S, Hanover, MD
WHEN: Saturday December 07th, 2019 11am-12:30pm

We invite all members of the community to attend this session to provide feedback to Special Olympics Maryland about the current state of the Athlete Leadership Program. There will be a short presentation and then we will open the floor to feedback. There will be a solicitation to recruit members of the newly forming Athlete Leadership Management Team.

So if you are an area director, county/program management team member, parent, sibling, caregiver, key volunteer, etc. we want to hear from you.

Coffee, Tea and light refreshments provided. Also light fare.

In order to ensure we have enough supplies please register by November 29th, 2019 at [https://www.surveymonkey.com/r/Community Athlete Leadership Input](https://www.surveymonkey.com/r/Community_Athlete_Leadership_Input)

C-A-P-S, CAPS, CAPS, CAPS!

Some of you may have received an email from a staff member of Monumental Sports about a ticket fundraiser for Special Olympics Maryland. On Wednesday, Jeff was able to set up a call with them and can verify that this promotion is legitimate!

How it works:

- Tickets for the 11/11 Capitals vs. Coyotes game can be purchased through this website: <https://fevo.me/special-olympics>
- \$5.00 from each ticket purchased through this offer will be donated to the Special Olympics Program of the buyer's choice (Maryland, Virginia, DC). *Please note that while an individual can identify the state program of their choice, that can't be further divided to a local program.*
- After a ticket is purchased, that individual will receive a unique link to send to their friends to purchase tickets. The ticket system will automatically put those seats near each other.

SunTrust Credit Cards

SOMD is changing the credit cards we use for purchasing goods and services. Your credit card will now be issued by Suntrust Bank instead of Bank of America.

Your Suntrust credit card was sent to you recently if you provided the information necessary to order one.

If you have not received your credit card by now, please let Darlene Taylor know immediately. If you have not provided the information needed to open a Suntrust card please also contact Darlene.

When you receive your Suntrust card please call to activate it and begin using it. Keep your Bank of America card for now just in case you have a problem with your Suntrust card.

WEBINAR Recording:

On October 16th at 7pm, we held a webinar to train card holders in coding expenses and approving transactions.

A recording of the webinar can be found here: <https://youtu.be/hHK-jB5UsW4>

Coaching Special Olympics Athletes – Train-the-Trainer Session for Areas – December 7

Coaching Special Olympics Athletes is an exceptional course, and in the new Coach Sport Certification Model, it is a required course for virtually all coaches in community programs. While offered as both a live and an online course, it is much better as a live course with a great deal of interaction among the prospective coaches. To continue to offer this course live, we need additional instructors.

We will be hosting a Train-the-Trainer session for the Coaching Special Olympics Athletes (CSOA) course on Saturday, December 7, 2019, at SOMD HQ. This is a day-long course (9:00 a.m. – 5:00 p.m.) and will prepare up to 20 Area coaches and leaders to present the CSOA course throughout the state. We will be making some direct invitations from HQ, and we would like to have Areas nominate additional individuals so the CSOA course can be offered live throughout the state and as often as is needed for all SOMD coaches to be able to complete it and a convenient location.

Requirements for prospective trainers are as follows:

- Must be nominated by their Area Director
- Must have significant experience as a sports coach of individuals with intellectual disabilities (5+ years)
- Must commit to taking/retaking the online version of CSOA *during the three weeks prior* to the live session on December 7 (SOMD will reimburse the course fees from HK)
- Must commit to presenting CSOA class a minimum of three times per year either as an individual instructor or co-presenter (typically in their “region” of the state).
- Must agree to follow all guidelines and requirements for CSOA courses
- Must be a prime representative of the ideals and ethics of coaching
- Must consistently represent Special Olympics and SOMD in a positive and professional manner

Nominations will only be accepted by Area Directors and will be accepted through the following survey link: https://www.surveymonkey.com/r/CSOA_T3_2019Q4.

Nominations will be accepted through Monday, November 25, 2019. Nominees will be informed of their status for the course no later than Wednesday, November 27 (sooner if nominations are made prior to the November 25 deadline).

We must have a minimum of 6 participants registered by November 25 to hold this session.

Discounted Medicals at MinuteClinic

Thanks to a new partnership between SOI and Minute Clinic, Special Olympics athletes are now entitled to sports physicals at a reduced rate of \$49.00. Any US Special Olympics Athlete, or prospective athlete who needs to complete a physical can present the attached voucher at any of the 1,100+ MinuteClinics in CVS or Target stores between now and July 31, 2020.

See list of participating locations [here](#) or on the [CVS MinuteClinic](#) and [Target MinuteClinic](#) websites. **No insurance or appointment is needed but [please bring the SOMD Athlete Medical Form with you.](#)**

Please note this is not an endorsement for MinuteClinic or their services from SOMD nor SOI; it is simply one more way for our athletes to have access to a relatively affordable Sports Physical.

We are excited about this opportunity and hope that you will share with your families and athletes.

Polar Bear Plunge Website is now live! Fundraise for your areas starting today!

The Polar Bear Plunge website is now live: www.plungemd.com

Any teams registered with an area will be entitled to a 70%/30% split after expenses. Don't miss out on this great opportunity to fundraise for your local program. Last year our teams raised over \$20,000 for their counties, and we'd like to continue that success in 2020.

Reach out to Jessie Hayes with any questions: jhayes@somd.org

(UPDATED) Pre-Season and Pre-Competition Webinars

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Pre-Season Coaches Webinars

Sport	Date/Time	Registration / Recording Link
Bowling	Thu 8/15	Recording: https://youtu.be/jHpCSUQIDd8

Pre-Competition Coaches Webinars

Sport	Date/Time	Registration / Recording Link
Bowling - Regionals	Tue 11/05	https://attendee.gotowebinar.com/register/4167640949535073805
Bowling – Families	Wed 10/30	Recording: https://youtu.be/yvOjmqWvHH8
Bowling - Championship	Tue 12/03 7:00 p.m.	https://attendee.gotowebinar.com/register/2784322280885929485

Community Sports Registration Deadlines Set Through End of 2019

Registration Deadlines for community sports through the end of 2019 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Note: We discovered an error listing the incorrect date for missing forms for the 2019 Soccer Tournament in this chart as well as on the Sports Calendar. That has been corrected below and was stated during the Soccer Pre-Season Webinar.

Event/Sports	State Championship	Training Registration	Outstanding Forms	Competition Registration
Soccer	10/27/2019	8/29/2019	10/07/2019 <i>(extended)</i>	10/3/2019
Bowling – Regionals	11/10/2019	9/23/2019	10/3/2019	10/17/2019
Bowling - Championships	12/08/2019			11/28/2019

Sports Directors – Assigned Sports

If you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

- **Melissa Anger, Sports Director**
 - manger@somd.org, 410.242.1515 x122
 - Basketball
 - Cheerleading
 - Flag Football
 - Soccer
 - Softball
 - Tennis
 - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling
- **Zach Cintron, Sports Director**
 - zcintron@somd.org, 410.242.1515 x161
 - Bowling (10 pin)
 - Cycling
 - Kayaking
 - Snowshoeing
 - Swimming
 - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball
- **Ryan Kelchner Sports Director**
 - rkelchner@somd.org, 410-242-1515
 - Alpine Skiing
 - Athletics
 - Bocce
 - Distance Running
 - Golf
 - Powerlifting
 - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the Local Program Team

- **Jeff Abel, Vice President. Local Program Development**
 - jabel@somd.org, 410-242-1515 ex. 121
 - Any general question
- **Claire Huston, Development Services Coordinator**
 - chuston@somd.org, 410-242-1515 ex. 145
 - All Local Program Fundraising
- **Pat Cullinan, Northern Chesapeake Region Director**
 - pcullinan@somd.org, 410-242-1515
 - Harford, Cecil, and Kent Counties
- **Mike Myers, Baltimore Region Director**
 - mmyers@somd.org, 410-242-1515
 - Baltimore County and City
- **Ron Freeman, Baltimore City Coordinator**

- rfreeman@somd.org, 410.598.1027
- Baltimore City Public Schools, Baltimore City Rec and Parks

- ***Tyler Martin, Western Region Coordinator***
 - tmartin@somd.org, 717-321-3642
 - Frederick, Washington, Allegany, Garrett Counties